

January 2007

Force Hotline
 312-405-4130
 Coach Stahl
 630-525-0181



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
8	9	10	11	12	13	14 Final Tryout NCC - Naperville 9:00 - 12:00
15	16	17	18	19	20 Inj Prevention 11:00 - 1:00 Chalk Talk 1:00 - 2:00 Lane Tech	21
22	23	24	25	26	27 Inj Prevention 10:00 - 12:00 contract signing 12:00 - 1:00 Horner Park	28
29	30	31	<u>Horner Park</u> SE corner of California and Montrose in Chicago	<u>Lane Tech</u> 2501 W. Addison at Western Ave. in Chicago		CHALK TALK Coaches present on principles/techniques for new offense, defense & spec. team

February 2007

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3 Inj Prevention 11:00 - 1:00 Eqpt Sizing 1:00-2:30 Lane Tech	4
5	6	7	8	9	10 Player Physicals AthletiCo 5545 N. Clark Time TBD	11 Inj Prevention 11:00 - 1:00 chalk talk 1:00 - 2:00 Horner Park
12	13	14	15	16	17 Inj Prevention 11:00 - 1:00 chalk talk 1:00 - 2:00 Lane Tech	18 Mini-Camp 11:00 - 3:00 Horner Park
19	20	21	22	23	24 Inj Prevention 11:00 - 1:00 chalk talk 1:00 - 2:00 Lane Tech	
26	27	28	Athletico 5545 N. Clark Chicago (773)989-9620	Horner Park SE corner of California and Montrose Chicago	Lane Tech 2501 W. Addison at Western Ave. in Chicago	CHALK TALK Coaches present on principles/techniques for new offense, defense & spec. team

March 2007

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	2	3 Practice 1:00 - 4:00 PM Bensenville	4
5 Practice 7:00 - 9:30 PM Bensenville	6	7	8 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	9	10 Practice 1:00 - 4:00 PM Bensenville	11
12 Practice 7:00 - 9:30 PM Bensenville	13	14	15 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	16	17 Practice 1:00 - 4:00 PM Bensenville	18
19 Practice 7:00 - 9:30 PM Bensenville	20	21	22 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	23	24 Practice 1:00 - 4:00 PM Bensenville	25
26 Practice 7:00 - 9:30 PM Bensenville	27	28	29 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	30	31 Practice 1:00 - 4:00 PM Bensenville	1-Apr

Bensenville
 Geils Field
 on Jefferson at
 John Street

Lane Tech
 2501 W. Addison
 at Western Ave.
 Chicago

Austin/Foster Park
 corner of Foster
 and Austin in
 Chicago

April 2007

Force Hotline
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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 Practice 7:00 - 9:30 PM Bensenville	3	4	5 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	6	7 Practice 1:00 - 4:00 PM Bensenville	8
9 Practice 7:00 - 9:30 PM Bensenville	10	11	12 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	13	14 Intra Squad Scrimmage TBD Lane Tech	15
16 Practice 7:00 - 9:30 PM Bensenville	17	18	19 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	20	21 Practice 1:00 - 4:00 PM Bensenville	22
23 Practice 7:00 - 9:30 PM Bensenville	24	25	26 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	27	28 Away Game at IOWA	29
30 Practice 7:00 - 9:30 PM Bensenville		<u>Austin/Foster Park</u> corner of Foster and Austin in Chicago		<u>Lane Tech</u> 2501 W. Addison at Western Ave. Chicago		<u>Bensenville</u> Geils Field on Jefferson at John Street

May 2007

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	4	5 Bye Week Practice 1:00 - 4:00 pm Lane Tech	6
7 Practice 7:00 - 9:30 PM Bensenville	8	9	10 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	11	12 Away Game at Demolition	13
14 Practice 7:00 - 9:30 PM Bensenville	15	16	17 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	18	19 Home Opener vs. Demolition	20
21 Practice 7:00 - 9:30 PM Bensenville	22	23	24 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	25	26 Home Game vs. KC Storm	27
28 Practice 7:00 - 9:30 PM Bensenville	29	30	31 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	<u>Austin/Foster Park</u> corner of Foster and Austin in Chicago	<u>Lane Tech</u> 2501 W. Addison at Western Ave. Chicago	<u>Bensenville</u> Geils Field on Jefferson at John Street

June 2007

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2 Home Game vs. Iowa Crush	3
4 Practice 7:00 - 9:30 PM Bensenville	5	6	7 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	8	9 Away Game at Minnesota	10
11 Practice 7:00 - 9:30 PM Bensenville	12	13	14 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	15	16 bye week Practice 1:00 - 4:00 PM Lane Tech	17
18 Practice 7:00 - 9:30 PM Bensenville	19	20	21 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	22	23 Home Game vs. Minnesota	24
25 Practice 7:00 - 9:30 PM Bensenville	26	27	28 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	29	30 Home Game vs. Demolition	1-Jul
	<u>Austin/Foster Park</u> corner of Foster and Austin in Chicago			<u>Lane Tech</u> 2501 W. Addison at Western Ave. Chicago		<u>Bensenville</u> Geils Field on Jefferson at John Street

July 2007

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 Practice 7:00 - 9:30 PM Bensenville	3	4	5 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	6	7 Playoffs TBD	8
9 Practice 7:00 - 9:30 PM Bensenville	10	11	12 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	13	14 Playoffs TBD	15
16 Practice 7:00 - 9:30 PM Bensenville	17	18	19 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	20	21 Playoffs TBD	22
23 Practice 7:00 - 9:30 PM Bensenville	24	25	26 Practice 7:00 - 9:30 PM Lane Tech or Austin Foster	27	28 Playoffs TBD	29
30 Practice 7:00 - 9:30 PM Bensenville	31	Austin/Foster Park corner of Foster and Austin in Chicago		Bensenville Geils Field on Jefferson at John Street		Lane Tech 2501 W. Addison at Western Ave. Chicago